

# U.U. & you

newsletter of the universalist unitarian church of halifax

Vol. 49, No. 2  
October 2014

The theme for services during October is "Thanksgiving and Grace"

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Church of Halifax  
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Office Hours  
Tues, Wed, Fri 10-3  
Cell 229-9239

Sandra Jamieson  
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Mon, Wed, Fri 10-3

Deborah Wiggins  
Music Director

Christy-Lee Bojarski  
RE Director

Kim Turner  
President

Newsletter  
Etta Hamm  
Sandra Jamieson

Sunday service  
10:30 am  
All welcome  
Children & Youth Education  
& Childcare available

## October 5

Presenter: Rev. Norm Horofker; Service Assistant: Mary Spurr

### *Grace and Serendipity*

Whether you call it Grace or not, we all have reason to be thankful for those times when our lives have been blessed by events that we did nothing to earn. Do you pay enough attention to grace in your life? Are you missing an opportunity for joy?

## October 12

Presenter: Rev. Norm Horofker; Service Assistant: Susan White

### *Giving Thanks for What We Have Lost!*

Traditionally at this time of year we give thanks for what we have been given. This Thanksgiving Rev. Norm considers the importance of giving thanks for what we had, but have no more. Can a loss call forth Thanksgiving in your life?

## October 19

Presenter: Valerie Chapman; Service Leader: Wynne Jordan

### **United Nations Sunday**

The UU-United Nations Office engages in the work of the United Nations to advance a peaceful, just, sustainable and pluralistic world community that promotes human rights. Our own UU-UNO envoy, Valerie Chapman, will report on some of the challenges and victories concerning human rights education and advocacy work in the past year.

## October 26

Presenter: Rev. Norm Horofker; Service Assistant: Sass Minard

### *The Day of the Dead*

The Day of the Dead, All Soul's Day, All Saint's Day, Ghost Festival, Bon Festival... rituals that venerate dead ancestors stretch back to the beginning of human civilization. Have Unitarian Universalists lost touch with an important need and connection with our humanity?



**Our Mission is to provide a community which nurtures personal and spiritual growth, practices inclusiveness, celebrates diversity and affirms individual and collective commitment to community service and social justice.**



The Universalist Unitarian Church of Halifax

Compassion is the doctrine of our church, the quest for truth its Sacrament, and Justice its prayer. To grow in understanding through dialogue and freedom, to support each other's dance with life, to engage the Earth in peace, to the end that we speak ourselves into Community and her each other into being. Thus do we covenant with each other and with the Universe.

## October 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 4:45-6:15pm Afterchoir	2	3	4
5 9am-Chalice Singers 9:45am Family Singers Noon-Worship Cmte	6	7 ?	8  4:45-6:15pm Afterchoir	9	10	11
12 No Choir Noon-Soc.Resp. 1pm Sign Party	13 3pm Thanksgiving Dinner	14 11:30-3:30 Library 6:30pm Board Meeting	15  4:45-6:15pm Afterchoir	16	17	18  7-9pm Dances of Universal Peace
19 9am-Chalice Singers Noon-Humanist Group	20 10am Newsletter deadline	21	22  4:45-6:15pm Afterchoir	23	24	25 Hike (see p. 8)
26 9am-Chalice Singers Noon-Semi-Annual Meeting	27 7-9pm Ukulele Group	28	29 4:45-6:15pm Afterchoir	30	31 Eastern Regional Gathering (see p 4)	



**Notice of the 2014  
Semi-Annual General Meeting  
of the UUCH  
October 26th at noon**

**The Semi-annual Meeting of the UUCH will be held on Sunday, October 26th beginning at noon.**

The meeting will conduct the following business:

1. Receive and approve reports from the Minister, the various officers, and church committees.
1. Adoption of a budget for the 2015 calendar year.
2. Adoption of the Annual Financial Campaign.
3. Appointment/Confirmation of the Nominating Committee to identify candidates for the 2015/2016 officers and members of the Board of Management.
4. Business arising from the minutes of the May 2014 Annual General Meeting.
5. Other business as may be raised before or at the meeting.

***Kim Turner***

President, UUCH



## Minister's Notes

*Those of a certain age will recognize the character Colonel John "Hannibal" Smith, played by George Peppard of the 1980s action-adventure television series The A-Team...*

We truly are the "A Team" and we proved it last Saturday with our Open House. It was a success by any measure. It is instructive to look back on how one small part of that plan came together.

Life had intervened and we were only 12 days away from the event when we had our first real planning meeting. I was prepared to scale back expectations, but those participating, Tracy, Molly, Christy and Andy generated so much enthusiasm that we all got carried away. Someone suggested that we get a "bouncy castle" for the event, and that led to an extraordinary sequence of events.

First we found out it would cost almost \$300 to rent a "bouncy castle" for the day. (I will repeat "bouncy castle" often, just because the very words make me smile.) On a whim I checked online and found that there just happened to be a "Bouncy Castle" sale on Amazon.com, so that what would normally have cost \$750 was on sale for \$480. There was a "bouncy castle" in California with our name on it and it could be delivered by Sept. 18.



I should mention at this point that we had a grant from the West Trust to promote our RE program for children that would pay the cost for the "bouncy castle." I was delighted with the idea of spending this money on something that I knew our children would really enjoy. When I told Christy we would buy a "bouncy castle" rather than rent one she shot back "OMG you are crazy... If you're gonna buy a "bouncy castle, I want a pony!"

Then reality set in... The "bouncy castle" was enroute from California when someone wiser than me asked if we were insured for such an activity. I had to admit that we would be taking a serious risk if we were not insured. With dread in my heart, I agreed to call our insurance company. My worst fears were confirmed by the initial response from the agent at A.P. Reid Insurance, but Nicole Morgan was willing to talk to our insurance company, Ecclesiastical Insurance, and try to sell our case. To my surprise and great relief, she got back to me an hour later, on the Thursday before the event, with the news, "Ecclesiastical will not be charging any additional premium nor will they exclude liability to the Bouncy Castle that the church has purchased."

Saturday dawned bright and sunny and our "bouncy castle" inflated right on time. Ask anyone under the age of 16 what the best thing about the Open House was... I love it when a plan comes together!

**Rev. Norm Horofker**



## Historical note on previous Fall Gathering in Halifax

The regional fall gatherings were created in 2003 following the separation between the Canadian Unitarian Council (CUC) and the Unitarian Universalist Association (UUA). Kim Turner was the president of the CUC during this transition and perhaps for this reason, Halifax volunteered to host the first Eastern Regional Fall Gathering.

Unfortunately, Hurricane Juan took aim at Halifax on the evening of Monday, September 29, less than 5 days before our fellow UUs would arrive in the city. We had to change the meeting venue and several of the delegates were billeted in homes still lit by candles but the gathering went on as scheduled.



A typical Hurricane Juan scene.

As I wrote Regional Fall Gathering content for the newsletter, the fall winds were once again causing power outages to my computer and around the city. Could the spirit of Hurricane Juan still be lurking about, waiting to perform a Halloween trick on us (?)

*Allyn Clarke*

## Annual Canvass

**Just around the corner ...**

The Every Member Canvass is coming in November!

We'll start with with an exciting Kick-off Sunday on **November 9th**—then one of our trusty canvassers will be contacting YOU! We'll want to talk to EVERYONE!

If you'd like to help, whether planning, canvassing, contributing to Kick-off Sunday, or giving a Million Dollars, please let us know. 902-477-5855

*Laura Hody & Eileen Ross*

## Thanksgiving dinner at UUCH Monday October 13, 3 pm

Our annual potluck Thanksgiving Dinner is "a go" again this year, and will take place at the church on Monday, October 13th at 3 pm. The dinner is for anyone who doesn't celebrate at home or with family, but still wants to celebrate the feast of Thanksgiving with a gathering of good friends.



Two cooked turkeys have been promised—the rest is truly potluck. Everyone is welcome but everyone has to chip in and bring something. Please contact me at **902-835-9272** or [wietske@ns.sympatico.ca](mailto:wietske@ns.sympatico.ca) to let us know:

- How many people are in your party (family and friends are most welcome).
- What food and drink items you'll be contributing,
- How your party can help: decorating, setting up, taking down and/or very importantly, cleaning up.

*Wietske Gradstein*

## Results of the Vesey's Fall Bulb Fundraiser

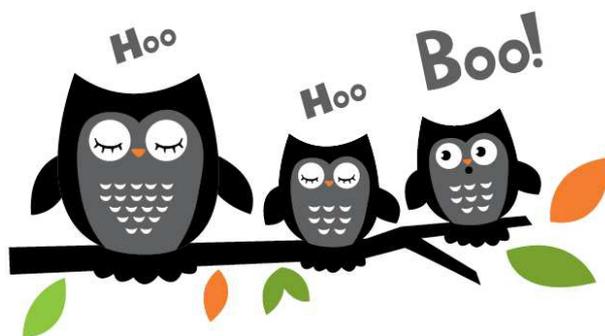


A BIG THANK YOU to all who participated in our fall bulb fundraiser. We had 20 orders for a total of \$700, half of which is profit for UUCH – \$350. The other half is the wonderful flowers you and your friends will enjoy in the spring. I expect that Vesey's will send the bulbs to the church in two or three weeks. Depending on when they arrive, either Sylvia Mattinson or I will sort them out for you to pick up. We will be in touch. Thank you again!

*Margaret Galbraith*

## The Religious Exploration Page

"Corn and grain, corn and grain,  
All that falls shall rise again."  
— Wiccan Harvest Chant



Hello all!

What a *beautiful* start to the fall we've had!

Our curricula is going wonderfully, with both groups finding joy and discovery in their respective workshops.

I would like to put a **CALL OUT** to any member of our congregation willing to work with our senior group on a **SOCIAL JUSTICE** project. I have an idea about expanding and improving our local food box and incorporating our children in the undertaking. Anyone willing to donate an extra **30 minutes after service each Sunday for the month of October**, please let me know!

Our **Open House** was wonderful fun, and I hope we can build on what we experienced to execute something even more outreaching next year! Imagine the whole neighborhood coming out to hang with us on a beautiful Saturday autumn afternoon. Thank you to all who gave their time and energy.

A **SPECIAL thank-you to Lia and Jane** for providing beautiful face painting to many an eager cheek!

Coming up is the **Eastern Regional Conference!** Very exciting. I look forward to providing an enriching and marvelously entertaining children's program for the weekend, which will require pre-registration. Childcare will be available to those who need it... just make sure to let us know when you register!

Our next multigenerational service will be based on the film **Harold & Maude**. Themes will include cross-generational experiences, individuality, keeping sacred the inner child, perseverance and the power of letting go. Date to be announced!

Also, as always... we're looking for more volunteers to teach or assist on Sundays. All that is required is **one Sunday a month**. Please let me know if you're willing to participate!

In joy and kindness,

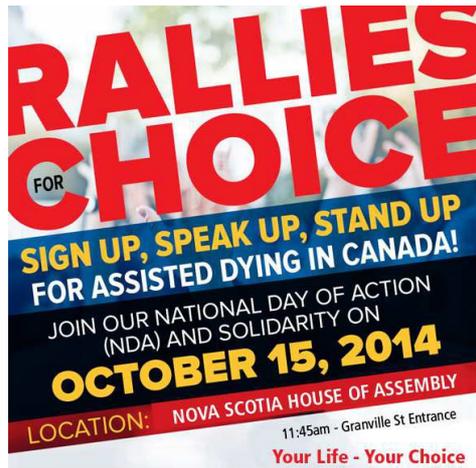
**Christy-Lee Bojarski**

Director of Religious Exploration

Cell: 456-3802 Email: dre@uuch.ca

**Join the Rally for Choice**  
Wednesday Oct 15, 11:45 am  
House of Assembly (Granville St. entrance)

On October 15th, the Supreme Court will open their landmark case on medically-assisted dying. That day, Unitarians will attend and organize rallies in major cities across Canada... join Nova Scotia UUs on the steps of the provincial legislature to rally support for compassionate change in the law.



Let's show Canadians that UUs walk the talk of upholding "the inherent worth and dignity of every person"!

Come to the **sign-making pizza party** at UUCH, 1 pm, **Sunday October 12th**. Contact me for more info: 902-717-2639 or ahblair@yahoo.com

*Andy Blair*



**The People's Climate March in Halifax**

On September 21st, a perfect last summer day's afternoon, about 400 people of all stripes gathered on the green grass of Citadel Hill. CLIMATE CHANGE IS REAL proclaimed the tallest and best looking sign carried by Paul Galbraith. THERE IS NO PLANET B said another carried by Deborah Wiggins. Allyn Clarke, with yet another tall sign, standing next to his wife Sandra and close to our minister Norm Horofker,

who sported our yellow T-shirt, made it easy for me to spot my fellow UUs and join them.

There was a sizeable contingent of our Halifax Universalist Unitarians. In addition to those I recognized at first glance, there was of course Margaret Galbraith, our environmental "go-to" person, Wynne Jordan, our chaplain, Alison Chipman with her cane swinging ahead of her, tiny but mighty Faith Piccolo, faithful Sylvia Mattinson and ever-helpful Kathy Spencer, Molly Hurd, next chair of our board, with her husband Lars Osberg, and Steve of the strikingly blue eyes whose last name I hope to learn. I saw Terry Choyce and Joanne Light later, and if you were there and I have neglected to mention you here, please forgive me.

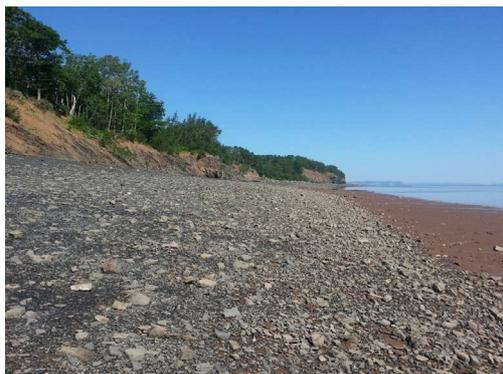
Irene W. of the Shambhala community was leading the proceedings that started with words from a Mi'kmaq elder, followed by a prayer offered by our own Norm Horofker and included chanting. I was able to join in on "The Earth Is Our Mother" sung by another group, because it is in one of our UU hymn books. After a number of photo ops, and shepherded by Irene, the crowd started rolling, from Sackville to Queen Street, to Spring Garden Road and Barrington Street, then Morris and Hollis streets to eventually arrive at the Provincial Legislature's building. I marched *bras de ci/bras de sous* with Reverend Norm and met many people I knew; they were not just from the Halifax/Dartmouth area, but from other places in Nova Scotia as well. With Norm's help, I was able to stay with the march and experience the joy of connecting with like-minded people and a larger purpose.

The larger purpose we all marched for was to save our planet and preserve the variety and beauty that we love for our children, grandchildren and the generations yet to come; to stop, or at the very least, slow down the deleterious climate changes that threaten our common and only home, planet Earth. Well, we have made a great start! Politicians and world leaders cannot fail to notice us now. I've received an e-mail from Avaaz with pictures from all over the world. I will post this to the UUpeople Google group. Please look at those pictures: A seemingly never-ending crowd of people in New York; crowds from Berlin to Bogota, from Melbourne to Delhi, from Ottawa to a small but significant group in rural Africa. After New York, the next significant event will be in Paris, in about 15 months' time. May this People's March renew our energies and give us hope to carry on!

*Barbara Harsanyi*

## Church Field Trip: Fossil hunting at Blue Beach

Blue Beach is an extraordinary, enchanted, place near Hantsport, an hour's drive from Halifax. The world record tides there have exposed a blue-coloured shale that 350 million years ago was the muddy seashore. What makes this truly enchanted is that with a bit of luck you can pick up rocks there that bear the footprints of some of the first animals to ever walk on land!



Blue Beach

Sonja and Chris have a museum there displaying fossil tracks collected over many years. We would like to organize a church field trip to Blue Beach in October. Sonja and Chris would put on an introductory class explaining the geological history and significance of the site and teach us what to look for on the beach. Then everyone could go to the beach to search for fossils. Sonja and Chris would then be able to explain exactly what each person has found. The rocks are tumbled by the tide twice per day, so that these precious fossils are lost shortly after they are uncovered. For this reason you are not only welcome, but are encouraged to take your find home.

One idea we are exploring is to use one of these fossils as the base for the new chalice that we are working to create. This would indeed be a unique Nova Scotia chalice that speaks to our appreciation of the awe-inspiring history of our planet.

The date for a field trip has not yet been set, and we could use help from one or several volunteers to schedule and plan the event. If you are interested in helping in this way, please contact me.

**Rev. Norm**

Watch for more news!

## Hike to Sandy and Marsh Lakes Saturday October 25

The October hike will be to Sandy and Marsh Lakes. These lakes are part of the Sackville River watershed and are located in the back country west of the Bedford Rifle Range. I hope the fall colours will still be on display. This hike follows woodland hiking trails as well as service roads under power lines. The service road under the power line can have some wet sections.



UUs on this trail in 2012

Meet at the church at 12:20 or at the northeast corner of the Home Depot parking lot at 12:45; or at the trailhead at the end of Smith Street at 1 pm. Smith St. runs northward off the Hammonds Plains Road just west of the interchange with the Bi-Hi.

Contact me on my cell before 12:20 or after 1 pm if you are lost or running late: 902-483 4731.

**Allyn Clarke**





## Caring

Congratulations and a warm welcome to **Linda Macdonald, Sara Macdonald, James Barker and Felicity Barker** who all became new Canadian citizens on August 21st!

Congratulations to **Helen McFadyen** who received \*Preliminary Fellowship with the Unitarian Universalist Association on Saturday September 20th. Helen, you make us proud!



**Kathy Spencer** has retired after 28.5 years working as a food technologist, researcher and project coordinator with the Canadian Institute of Fisheries Technology at Dalhousie. Kathy, we wish you much fun in whatever new activities you plan for your new life!

We wish a speedy recovery to **Wietske Gradstein** following surgery on August 18th—and to **Bette Pepperdene** who recently had a pacemaker installed during a one-week stay in hospital. It was good to see **John Paterson** in church following a mild stroke—we wish him continued healing.



We send our condolences to **Janet and Rev. Norman Horofker** and their family. Janet's mother, Phyllis Duncan died September 21st in the hospital in Sudbury after a short illness. She was 95 and until recently had lived independently in her own home.

## Mary Ellen Onno

*\*Rev Norm explains Preliminary Fellowship: This is the last big step in the challenging process of becoming a UU minister for which Helen is now fully qualified. Helen will now be evaluated in each of the first three years of her ministry before being granted Full and Final Fellowship in the Unitarian Universalist Ministers Association .*

## Helen's happy news!



Dear Rev. Norm, and members and friends of UUCH: I am delighted to announce that I was granted Preliminary Fellowship today by the Ministerial Fellowship Committee of the Unitarian Universalist Association. Rev. Norm, thank you for your ongoing collegial support. Collectively, the congregation gave me a vote of confidence by becoming my sponsoring congregation in 2012. There are not enough words to express my gratitude to all the individuals who have contributed so much to my formation as a minister. Please accept my heartfelt thanks. I look forward to seeing you again before too long. In liberal faith, **Helen**

## Introducing Martha Wilson, your new Membership Chair

I am happy to announce that in about a month or so, Martha Wilson will be your new Membership chair (after I turn in my last report to the Semi-Annual Meeting).

Martha, Avar, and the girls made the first, long, Sunday drive from Newport (near Windsor) to the UU Church of Halifax in early 2009 (6 years already!). Martha and Avar signed the membership book on December 20th of that year. From the beginning, Martha and her family have endeared themselves to us all.

Martha is a great 'people person' and will do very well as Membership chair. She is friendly, kind, caring, nurturing, and accepting of everyone. She is also a skilled writer, an articulate communicator, an organizer, and very comfortable with administrative detail. I'm sure I don't even know the half of it!

Over the next few weeks Martha and I will be "talking Membership" as I transfer over to her the files and lists and New UU Orientation programs I accumulated over 9 years as chair. I enjoyed every minute of it, and appreciated so much help from many of you—but I think I'll feel lighter. And UUCH will be in very good hands with Martha looking after things. I leave smiling. Although I'm not really going anywhere ...

## Etta Hamm

## Music Montage

*We sing now together our song of thanksgiving,  
rejoicing in goods which the ages have wrought,  
For life that enfolds us, and helps and heals and holds us,  
and leads beyond the goals which our forebears once sought.*  
~ Edwin T Buehrer



### **Music Stream at Eastern Regional Fall Gathering...**

As you see elsewhere within these pages, UUCH is hosting this event Oct 31–Nov 2. I will organize the music stream, entitled **Music: A Pathway to Community**. Please see the CUC website for further details.

### **Music Director Absence...**

I will be away from Wednesday, October 8, until October 17 or 18. I'll be attending my High School Reunion in Ottawa, 'celebrating' 50 years since Grade 9! Please welcome Allison Bolton, who will play in my absence.

### **October's 'Singing As We Gather'...**

The Gathering Hymn for this month is #355 *We Lift Our Hearts in Thanks*. In this month of fall harvests, thanksgiving and UN Sunday, it is appropriate to not only to give thanks for the bounty of our mother earth, but to “*lift our hearts in thanks... for all the gifts of life, and first, for peace that turns away the enmities of strife*” and “*most, the gifts of hope and love, of wisdom, truth, and right, the gifts that shine like stars above to chart the world at night.*”

### **The Chalice Singers...**

*The Chalice Singers* are open to anyone who likes to sing, and contribute each month to the Sunday services. We rehearse each Sunday morning at 9:00 am this month, **except October 12**. You do not need to be able to read music to join this welcoming choir.

### **The Family Singers...**

*The Family Singers* are for all ages and all stages of singers, and offer music for services that is easy to learn and sing. *The Chalice Singers* provide a base of support for this group, so relax and join in. We will meet at 9:45 am on Sunday, October 5. Come and join in the musical fun.

### **qUUartet...**

*qUUartet* is our 4-part singing group. This music ensemble provides opportunities for more advanced singers to use their skills at harmony and independent learning, with more challenging material. They also support *The Chalice Singers* occasionally. They meet occasionally before services, as well.

### **The Afterchoir...**

*The Afterchoir* (our folk/rock group) meets most Wednesdays, from approximately 4:45 to 6:15 pm. Contact James at jamesmorris@morrisbureau.com to confirm dates and times.

As of this Thanksgiving weekend, I will be starting my 8th year as Music Director at UUCH. I am very thankful for all those who assist in many ways with our Music Program. You are all very much appreciated!!

### **Deborah Wiggins**

Music Director  
uuchmusic@yahoo.ca  
902-463-0988

## Reports please!



The UUCH Annual General Meeting will be held on October 26th as per the notice on page 2.

**Committee reports are due in my Inbox before 10 am, Wednesday, October 15th. Early submissions would be very helpful.**

Your cooperation will enable me to ...

- (1) organize the reports in the right order
- (2) include all reports on the agenda
- (3) email the package out via UUinfo on Friday, Oct 17th

On the 17th I will also print a stack of hard copies of the agenda and all reports and staple them together in sets. There will no opportunity to insert late submissions.

A number of SAGM 'packages' will be available by request on Sunday the 19th, one week prior to the meeting. All of the foregoing is normal business practise.

To minimize the use and expense of paper, anyone taking a set on the 19th would not help themselves to a second set at the meeting on the 26th.

Thank you for your cooperation everyone.

**Sandra Jamieson**  
**uuchurch@eastlink.ca**



## Aeroplan Miles

Aeroplan Charitable Pooling allows you to transfer your Aeroplan Miles to a charity. UUCH has made good use of these points over the last several years to send youth, staff, board members, etc, to the CUC-ACM and to other conferences or trainings.

If you have too few points to do you any good, or too many to ever use them all up yourself, consider giving them to UUCH. A minimum of 1,000 points is required. Darla or I can provide you with the necessary form. And we'll need your Aeroplan number.

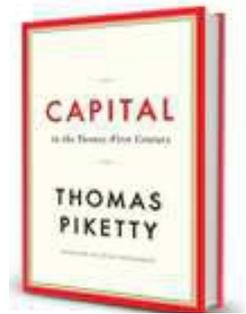
**Marilyn Shinyei**

## From your Library Committee Book display, October 19

**Insupportable disparity.** "We are the 99%," chanted the Occupiers not too long ago. A recent financial report suggests that it might better have been "We are the ninety-nine *point nine* percent." Why? What's going on?

Inspiration enough for our first book display of the season. We're laying out a handful of our books on Sunday October 19th in the North Ballroom as a reminder that excessive income disparity is identified as a UU concern. Visit us before or after the service for reference.

There's one more book we'd like to have offered for borrowing: *Capital in the 21st Century*, French economist Thomas Piketty's thoughts on the question. It's a surprise bestseller even at \$48 in hardcover. *That*, our library cannot afford—and we're told it's unlikely to go into paperback. If you own a copy



and would like to share it with the rest of us, it will be a welcome gift. (Harper's Magazine's September issue has an interesting critique by 2001 Nobel economist Joseph Stiglitz, chief economist of the Roosevelt Institute.)

**Supporting local.** Some of us "support local" folks have been aware that The Bookmark has been up for sale since the death of its founder a couple of years ago. The heirs have been hoping to sell the Charlottetown and Halifax shops to one buyer. Now both have been bought by folks in the Moncton area. Local manager Mike Hamm and his staff are good friends of our library, and our committee joins them in hoping there will be few changes.

**Elizabeth Greenhavens**

*If you only read the books that everyone else is reading, you can only think what everyone else is thinking.*

*~G.K. Chesterton*



### Hope Cottage: UUCH community outreach

The Universalist Unitarian Church of Halifax has been one of many local organizations providing hot food to people seeking an evening meal at Hope Cottage, a welcoming free 'soup kitchen' located at 2435 Brunswick Street, Halifax for over two decades.

Congregants' opportunities to support Hope Cottage are changing due to the logistical challenge involved in supplying 80 to 100 hot ready-to-eat meals (the requested commitment for 'supper groups' who provide meals on specified dates throughout the year).

When I first got involved with this community outreach service ten years ago, Hope Cottage supper groups were asked to provide hot food to serve about 60 hungry adults for each 'dinner date'. This fulfilled the need of the day. Since then, the number of people relying on Hope Cottage for their primary meal of the day has increased substantially. This troubling fact makes it hard for organizations lacking access to an approved (commercial) kitchen.

The UUCH has met its Hope Cottage commitment by the combined efforts of numerous individuals, some of whom have cooked food and delivered it directly to Hope Cottage while still hot. Some have donated money for purchasing ingredients or commercially prepared entrées, and others have made casseroles that could be re-heated prior to transport and serving.

While working at Dalhousie University I was authorized to use the Food Science test kitchen for community service. Having access to two stoves, two microwave ovens, a spacious countertop, walk-in refrigerator, frozen food storage rooms, large stainless steel cart, elevator and various insulated food transport containers greatly eased the challenge involved in preparing a lot of hot food and transporting it to Hope Cottage.

Unfortunately, now that I've retired this strategy for fulfilling the Hope Cottage 'supper group' commitment is no longer feasible.

Consequently, 'letting this go' and possibly seeking out new opportunities for the UUCH to partner with other groups involved in feeding the hungry within HRM seems the best approach, given the feedback I've received from faithful supporters within our congregation.



Supper time staff at Hope Cottage.

In the meantime, there are still lots of ways people can support Hope Cottage—truly a worthwhile community service. For example, monetary donations are very much appreciated and can be made directly by calling 902-429-7968—or via the Hope Cottage website at [www.hopecottage.ca](http://www.hopecottage.ca).

Donation of canned foods, coffee, tea, untouched wholesome leftovers from social events, weddings or other occasions are gratefully welcomed, and can be accepted by Cottage staff if delivered between 8:30 am and 6:00 pm, Monday through Friday.

In closing, I want to assure the congregation that the staff and patrons of Hope Cottage have always *very much* appreciated our steadfast contribution. Their gratitude was, and is palpable. Finally, a thousand thanks to UUCH members and friends who came through with hot, wholesome meals, time after time. It was great to work with you all in this worthwhile endeavour

***Kathy Spencer***

*If we don't manage to implement the Golden Rule globally, so that we treat all peoples, wherever and whoever they may be, as though they were as important as ourselves, I doubt that we'll have a viable world to hand on to the next generation.*

~ Karen Armstrong

## Connecting with the CUC Board of Trustees

I haven't quite returned from a three and a-half day Canadian Unitarian Council (CUC) Board of Trustees meeting. It was held at the Ecology Retreat Centre near Orangeville, Ontario and was a perfect natural environment to listen, learn, clearly think and be productive.



Using a governance model ensures that the Board develops the policies to reflect the goals and priorities voted on and approved by the CUC delegates at annual general meetings (AGM). The delegates represent forty-six congregations across the country who comprise the membership of the CUC. The Board then directs the CUC Executive Director (ex-officio on the Board) to develop work plans engaging staff, to achieve those goals.

Half day sessions this week included developing a process for consulting with congregations on a Vision for the UU Movement, also approved at the May AGM. Another was a comprehensive account of how the CUC engages in Social Responsibility, from writing letters, media releases, policy statements, to marches and resolutions; resolutions which are generated in congregations.

Check the CUC website [unitarian.ca](http://unitarian.ca) and check all the menus to get a sense of the breadth of information contained there. For example, I have been asked about monitoring groups. Click on governance - active democracy - Task Forces, Study Groups and Committees appear. Scroll down to monitoring groups and click to get Social Responsibility and how to get involved. Of course the website is continually being reviewed and revised, but there is a wealth of information there to trigger your UU curiosity and interest.

The big challenge for the Board and the CUC is developing a commitment and strategies for growing this wonderful UU Movement in Canada. To be successful we have to think creatively in reaching out to those inside and outside church buildings. Church and worship can no longer be exclusively a Sunday morning event. We have to reach more and diverse people.

Priorities passed at the May AGM for the coming year are all about developing a communication system and resources that will do just that.

Be part of the greater good and the greater picture for the Movement. The Board is working with The UU Ministers of Canada (UUMOC) on several levels to help us move in the right direction together.

Regional Fall Gatherings will get us started on the task of engaging congregations. UUCH will be one of those star congregations at the end of October. I did report all the activities UUCH is undertaking and it is impressive. Our Board treasurer is also grateful to have Marilyn Shinyei serving on the Annual Program Contribution (APC) Task Force.



Your Board is poised and ready to invite UUCH and all congregations across the country to take the UU Movement challenge. Stay tuned.

In UU commitment,

**Glenda Butt**, President  
CUC Board of Trustees

## Healing journey through drum making Bouctouche, NB October 24 - 26



Gather with other UUs in Bouctouche this fall and learn traditional values and human rights in the presence of a teacher of Native awareness. **Carlos Gomes** is a drummer and drum maker who, over the past 25 years has led healing journey workshops through traditional drum making.

Our friend Rev. Ray Drennan is organizing this event to be held at Auberge le Vieux Presbytère de Bouctouche, owned and operated by Ray and his wife Ann. This is a beautiful seaside venue, rich in history—and well-known by a number of UUCH members and friends. If you've never been there, look it up at [www.levieuxpresbytere.nb.ca](http://www.levieuxpresbytere.nb.ca).

As well as the opportunity to make your own drum, Carlos will lead us in a journey of drumming and self-exploration as he shares his life walk from South America to here.

A former participant and music teacher who now teaches what she learned from Carlos to groups of young students says, "Building a native hoop drum with Carlos Gomes has changed my life. For the purposes of the class the drum was called Grandmother Drum or Moon Drum. I learned traditional songs in Maliseet, learned and experienced native traditions and ceremonies, learned about a culture that I had little knowledge of—and most importantly, I learned a lot about patience, teamwork, and who I am and wish to be as a person."

Perhaps a group would car-pool up to Bouctouche for a great experience with Carlos, Ray, Ann, and fellow UUs for a nice fall adventure and a meaningful time with friends.

Registration by cheque **received by Friday October 10th** will indicate your firm commitment. Email Ray at his new email address below for more information.

This notice went out to Maritime congregations via CUC's E-News, and to UUCH via UUinfo. Space may be limited, so don't delay ... contact Ray at:

[mraymond@nb.aibn.com](mailto:mraymond@nb.aibn.com).

## Dining for Dollars is taking a break



Dining for Dollars is taking a break to allow members and friends to enjoy all the other exciting events happening at UUCH. Please disregard the last notice asking for host submissions by September 28th—that is OFF.

So—NO dinners for the rest of the year! We'll start up again in the New Year. This will give our creative hosts extra time to conjure up even greater dinner themes. Do feel free to get your event info in early. Many thanks again to all our great hosts.

*Kay Smith*



**UUUnclassifieds**  
Free ads for UUs

**"Joanne Spic and Span—Deep Cleaning and Decluttering:** *No clutter too complex; no dirt too deep*" (and accompanying counselling service on the philosophy of decluttering). \$20/hour for light work, \$25/hr for heavier work. Have Bachelor of Arts (Psychology) in the unbearable lightness of being, and references on the quality of my work. Will make a donation to UUCH. Contact me at 902-429-1571 or [jonilight3@yahoo.ca](mailto:jonilight3@yahoo.ca).

*Joanne Light*

To place your free ad, email both:  
Etta [braeside@eastlink.ca](mailto:braeside@eastlink.ca)  
Sandra [uuchurch@eastlink.ca](mailto:uuchurch@eastlink.ca)

## Sunday Service Volunteers

### Oct 5

Greeting Kathy Anthony  
Anne Knight-Gorman  
Ushering Andy Blair (e), Janet Horofker (l)  
Kitchen Norm Sabowitz (set-up)  
Anne Knight-Gorman (clean-up)  
Audio Devin Murphy  
Library Alison Chipman

### Oct 12

Greeting Sass Minard, Wendy Ozon  
Ushering Valerie Chapman (e), Dean White (l)  
Kitchen Norm Sabowitz (set-up)  
Sass Minard (clean-up)  
Audio Avarad Woolaver  
Library Anne Knight-Gorman

### Oct 19

Greeting Michael Seary  
Margaret Galbraith  
Ushering Michael Smith (e)  
Margaret & Paul Galbraith (l)  
Kitchen Norm Sabowitz (set-up)  
Buddy Gale (clean-up)  
Audio Todd MacMillan  
Library Alison Chipman

### Oct 26

Greeting Sandra Clarke, Sylvia Mattinson  
Ushering` Kay Smith, Kathy Anthony (e)  
Sylvia Mattinson (l)  
Kitchen Norm Sabowitz (set-up)  
Sandra Clarke (clean-up)  
Audio Nick Baros-Johnson  
Library Alison Chipman

Please contact **Wietske Gradstein, 835-9272**,  
to join the Sunday Service Support Team.

**DEADLINE**

Monday, October 20th  
is the deadline for submissions  
for the November newsletter.

