



## Welcome to March Worship

Everyone is welcome to services in the sanctuary in person. Masks are available on the welcome table if you wish to wear one.

To access our services remotely click this [Zoom](#) link which is the same every week. The link can also be found at the top left of our web page at [uuch.ca](http://uuch.ca). ID: 666 004 431 Password: 010670. You can also watch the service live (or later) at [UUCH-YouTube](#)

## Our Services this Month

### March 3 — Gendered Islamophobia

*Gendered Islamophobia: My Journey with a Scar(f)* explores Monia Mazigh's multiple identities as a hijab-wearing Muslim woman who has spent much of her life as an immigrant residing in Quebec and now lives in Ottawa. Her book was a 2023 finalist for the Governor General's Literary Award in non-fiction. Dr. Mazigh reflects on Islamophobia as applied to women and the stereotypes that Muslim women face as her own lived experience. **Guest Speaker: Dr. Monia Mazigh; Service Leader: Pam Griffin-Hody**

### March 10 — Let's Celebrate International Women's Day

Sylvie Nyiramana, a board member of the International UU Women's Convocation, will tell us about that organization. Having arrived in November after almost 5 years in Uganda, she may have some personal stories to share about women's rights in Africa. **Service Leader: Marilyn Shinyei**

### March 17 — What Can the Wisdom of Our Bodies Offer Us in Times of Change?

Our bodies gain information from and engage with the human and non-human world in ways our conscious mind is often unaware of. Let's explore how developing a deeper relationship with our bodies' wisdom can support us in navigating challenging transitions. **Speaker: Rev. Arran Morton; Service Leader: Margaret Galbraith**

### March 24 — Spring Equinox

This multigenerational service will include poetry, story, and music for all ages as we explore the themes of transformation and growth moving into spring! Dig into a morning of earth-based spirituality with us. **Service Leader: Katherine Hutka (and her family)**

### March 31 — Easter and Maple Communion

Though March winds may howl and rain may fall, we'll share the hope of spring that is nearly upon us. And the sap will be running! So come join us for a joyous welcome to spring; bunnies, bonnets, eggs, chocolate, and Maple Communion. **Service Leaders: Worship Committee with the Afterchoir**

Our mission is to provide a community that nurtures personal and spiritual growth, practices inclusiveness, celebrates diversity and affirms individual and collective commitment to community service and social justice.

Universalist Unitarian  
Community of Halifax  
5500 Inglis Street  
Halifax NS B3H 1J8

902-429-5500  
[uuchurch@eastlink.ca](mailto:uuchurch@eastlink.ca)  
[uuch.ca](http://uuch.ca)

Sunday services  
start at 10:30 am

Our congregation is  
lay led at present

Jessica Friesen  
Music Director

Pam Griffin-Hody  
Board President

Etta Hamm  
Newsletter Editor

All are welcome



# March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 10 -11:30 am Brunch 
3 10:30 service Islamophobia  Following the service: <b>Town Hall !</b>	4	5	6	7	8 International Women's Day 	9 10-11:30 am Brunch 
10 Daylight Saving Time in effect  10:30 service Women	11 	12 7 pm Worship meeting	13 6:30 pm Board Meeting	14	15	16 10-11:30 am Brunch 
17  10:30 service Body Wisdom Noon Humanist Group	18	19 Spring Equinox 	20	21	22	23 10-11:30 am Brunch 
24 10:30 service Equinox Noon BYO Lunch Convo	25	26	27 <b>Newsletter Deadline</b>	28	29 	30 10-11:30 Brunch
31  <b>Easter Sunday</b> 10:30 Service Maple Communion						

Remember to set your timepieces ahead on Saturday, the 9th!

## Notes from Pam . . .

March! Spring is just around the corner! And what an absolutely horrible February! But then, it's still February as I write this and my lawn is nearly grass, there's only one patch of snow at the end of my driveway, and I'm starting to see the very beginnings of buds on some of my trees. Hope is where you look for it.

Much like looking for hope, February gave us the excellent news that **Rev. Ben Robbins** will be joining us in August!

Last month I shared that we were very close to launching our **new website**. I'm afraid the the hold-up this time has been me. I created some content several months ago that didn't get saved in the correct place, and I hope to rectify that very soon.

We've upgraded our **sound equipment** in the Sanctuary/Worship room to facilitate sound both on Zoom and for in-person. The sound improvements necessitated the moving of the direction of the room. Those of us who have complained about the sound are reporting a great improvement. Thanks to the volunteer efforts of Joe Britto, Andrea Dewar, Paul Galbraith and Riley Friesen.

**National Volunteer Week** is April 14-20 which highlights the 24 million Canadians who volunteer in our communities. The UU Community of Halifax has relied on volunteers for nearly 200 years! Look around you! Everything you see here is the product of volunteers. Our very services this year is the product of **volunteer lay leaders**. Our **Caring Committee**, in the absence of a minister, becomes even more critical. I was told a story last year of the adventures of the people who chose the carpet in the sanctuary/worship room. Recently, I found out that our current **website** is the child of Paul Galbraith. We have those who run our

### UUCH Board of Directors

#### Officers

President	Pam Griffin-Hody
Vice-president	Joe Britto
Past President	Kim Turner
Treasurer	Molly Hurd
Secretary	Pam Berman

#### Members at large

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neighbourhood **brunch program** (and kept it running during the pandemic), the importance of which is only increasing as food insecurity grows. We have a **volunteer folk choir**. We have a monthly **newsletter** and **annual directory** because of Etta's hours of volunteer time. Our new minister is the result of hours of volunteer work by the **search committee**. We have people in our community who have done so much yet many of us no longer know the stories. We have active members and friends in our community volunteering in large and small ways.

I suggest that this year, we **honour our volunteers**, both in the April newsletter, and also with some sort of event (yet to planned, need volunteers!). **If you have a story**, or someone you want me to contact for a story, please let me know by calling or e-mailing me at [president@uuch.ca](mailto:president@uuch.ca).

**The Climate Crisis Team will be hosting a town hall to discuss the important CUC resolution on divesting from fossil fuels. This will be held after the service on Sunday, March 3.**

**We are still looking for two delegates to the CUC AGM in May (by Zoom). Please consider it.**

**Pam Griffin-Hody**  
**President**  
**Board of Directors**

## From the Caring Committee

A Celebration of Life service for **Ella Wilson**, an active member of our congregation for most of the past 21 years, will be held at UUCH on Saturday, March 16th at 1:00 pm.



**Glenda Butt** was admitted to the Halifax Infirmary on January 26th. She reports that she was impressed with the specialists treating her and said “they are working on a few things”. Glenda passes her thanks along to the members of the congregation whose positive energy she has appreciated over the last month. Best wishes Glenda, for better days ahead!

**Cynthia Marshall** recently had a heart attack caused by inflammation from the rheumatoid arthritis she has suffered for many years. She asks us to hold her in our thoughts and prayers, believing (as some others do) that our positive energy will help her heal. She has help with cooking and housecleaning – but until she is able to drive later in March she also needs someone to drive her once a week to Quinpool Road for groceries and to medical appointments. There will be small remunerations for these supports. She welcomes emails to [cynthiamarshall115@gmail.com](mailto:cynthiamarshall115@gmail.com) and phone calls to 902 407-2456. We wish you well, Cynthia.

**Molly Hurd** had hip surgery on Monday, February 26th after just a three-month wait. She is doing well at home as she recuperates. We wish you a speedy recovery, Molly!

**Faith, Shripad and Sylvia**

The youngest children have a great capacity for empathy and altruism. A recent study shows that even 14-month-olds will climb across a pile of cushions and go across a room to give you a pen if you have dropped one.

~ Alison Gopnik [alisongopnik.com](http://alisongopnik.com)

## From the Climate Crisis Team



**Sunday, March 3**

Divestment of investments in fossil fuel (oil, coal and natural gas) industries is one way that many people around the world are showing their opposition to the production and sale of fossil fuels.

The Vancouver Unitarians are also proposing a motion for the upcoming CUC AGM concerning divestment.

Join us at the Town Hall meeting this Sunday, March 4th after church for a discussion of this (**see next page**) — and two other motions proposed for the AGM. Please join us. Your support is needed, and will be appreciated!

## Newsletter Deadline

The deadline for contributions to the April newsletter is

**Wednesday, March 27**

Please send your items to Etta at

[braeside@eastlink.ca](mailto:braeside@eastlink.ca)



**with the Climate Crisis Team**

**Sunday, March 3  
following the service**

Vancouver Unitarians have submitted a resolution for the May 2024 CUC AGM on divesting from investing in fossil fuels. Our own Climate Crisis Team also have been discussing UUCH divesting from investments in the five major Canadian banks involved in the fossil fuel industry.

Please join in this discussion following the service on March 3. There will be two delegates from UUCH voting on our behalf. Will one be you?

The resolution follows:

RESOLVED that the CUC and member congregations:

1. Be in solidarity with those Indigenous Peoples who oppose fossil fuel extraction and infrastructure on their traditional territories; and
2. Oppose individual and bank investment in fossil fuel extraction, refining, transportation and marketing leading to fossil fuel consumption and global warming; and
3. Who bank at the five major Canadian banks are encouraged to move their financial business elsewhere; and
4. Similarly encourage all holding mutual funds and other investment vehicles with significant investments in 1) fossil fuel corporations, or 2) in the five major Canadian banks which fund them, **to move their investments** to financial instruments with lower or no investments in 1) fossil fuel corporations, and 2) the five major Canadian banks; and
5. Encourage boards of trustees to consider communicating this resolution to elected officials, Indigenous Peoples, and journalists, as well as financial, environmental, IBPOC, social justice, and faith groups in their geographic location(s).



*March, when days are getting long,  
let thy growing hours be strong  
to set right some wintry wrongs.  
~ Caroline May*